

Zeitplan DM Jugend U20/U18

- Freitag, 08.08.2014 -



	Männl. Jugend U20		Männl. Jugend U18		Weibl. Jugend U20		Weibl. Jugend U18	
11:00							100m H	VL
11:20			110m H	VL				
11:40			800m	VL				
11:55							400 m	VL
12:00			Speer	F				
12:00			Stab	F				
12:15							1.500m	VL
12:30							Kugel	F
12:35			110m H	ZL				
12:50							100m H	ZL
13:05					5.000m BG	F		
13:05			5.000m BG	F				
13:05	10.000m BG	F						
14:05							100m H	F
14:15			110m H	F				
14:20							3.000m BG	F
14:25							Speer	F
14:25							Drei	F
14:30			Kugel	F				
14:45	100m	VL						
15:25					100m	VL		
15:50							4x100m	VL
16:10			4x100m	VL				
16:15							Hammer	F
16:30							Stab	F
16:40	100m	ZL						
17:00					100m	ZL		
17:10							800m mit Lea	VL
17:25			1.500m	VL				
17:30			Hoch	F				
17:50			3.000m	F				
18:00			Weit	F				
18:05	100m	F						
18:10					100m	F		
18:15			400m	VL				
18:40							3.000m	ZF
19:00	5.000m	F						
19:15			Hammer	F				
19:30							400m H Lea?	VL
19:55			400m H	VL				
20:15							4x100m	F
20:30			4x100m	F				

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- Samstag, 09.08.2014 -



	Männl. Jugend U20		Männl. Jugend U18		Weibl. Jugend U20		Weibl. Jugend U18	
10:00			Diskus	F				
10:00	110m H	VL						
10:25					100m H	VL		
10:30			Drei	F				
10:50	1.500m	VL						
11:10					400m	VL		
11:10							Hoch	F
11:25	800m	VL						
11:45					100m H	ZL		
12:00	Stab	F						
12:00	110m H	ZL						
12:25					1.500m	VL		
12:40	Diskus	F						
12:45					800m	VL		
13:00	Drei	F						
13:05	400m	VL						
13:25	110m H	F						
13:35					100m H	F		
13:45							100m	VL
14:10			100m	VL				
14:10					Kugel	F		
14:45					200m	VL		
14:55							Diskus	F
15:00	200m	VL						
15:30			1.500m	F				
15:45							100m	ZL
16:00			100m	ZL				
16:05					Hoch	F		
16:15							Weit	F
16:20							800m Lea?	F
16:30			400m	F				
16:45					200m	F		
16:50	200m	F						
17:05					Hammer	F		
17:05			800m	F				
17:15							100m	F
17:20			100m	F				
17:30							400m	F
17:40					400m H	VL		
18:00	400m H	VL						
18:15					Weit	F		
18:20					Diskus	F		
18:20							1.500m	F
18:35							1.500m H	F
18:50					2.000m H	F		
19:05			2.000m H	F				
19:20	2.000m H	F						
19:40							400m H Lea?	F
19:55			400m H	F				